



National Nutrient Database for Standard Reference

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Statistics Report 14084, Alcoholic beverage, wine, table, all

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	86.58	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Energy	kcal	83	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Energy	kJ	347	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Protein ¹	g	0.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Total lipid (fat) ¹	g	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	02/2005
Ash ²	g	0.24	2526	0.038	0.2	0.28	1.0	-0.245	0.722	1	Analytical or derived from analytical	--	03/2005
Carbohydrate, by difference	g	2.72	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Fiber, total dietary ¹	g	0.0	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	02/2005
Sugars, total ¹	g	0.79	2	--	0.62	0.96	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Minerals													
Calcium, Ca ¹	mg	8	2	--	8	9	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Iron, Fe ¹	mg	0.37	2	--	0.27	0.46	1.0	--	--	1	Analytical or derived from analytical	--	02/2005

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Magnesium, Mg ¹	mg	11	2	--	10	12	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Phosphorus, P ¹	mg	20	2	--	18	23	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Potassium, K ¹	mg	99	2	--	71	127	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Sodium, Na ¹	mg	5	2	--	4	5	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Zinc, Zn ¹	mg	0.13	2	--	0.12	0.14	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Copper, Cu ¹	mg	0.007	2	--	0	0.01	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Manganese, Mn ¹	mg	0.124	2	--	0.12	0.13	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Selenium, Se ¹	µg	0.2	2	--	0.1	0.2	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Fluoride, F ¹	µg	153.3	31	48.699	104.6	202	1.0	-465.453	772.101	1	Analytical or derived from analytical	--	03/2005
Vitamins													
Vitamin C, total ascorbic acid ¹	mg	0.0	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	02/2005
Thiamin ¹	mg	0.005	2	--	0.01	0.01	--	--	--	1	Analytical or derived from analytical	--	02/2005
Riboflavin ¹	mg	0.023	2	--	0.01	0.03	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Niacin ¹	mg	0.166	2	--	0.11	0.22	1.0	--	--	1	Analytical or derived from analytical	--	02/2005

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Pantothenic acid ¹	mg	0.037	2	--	0.03	0.04	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Vitamin B-6 ¹	mg	0.054	2	--	0.05	0.06	1.0	--	--	1	Analytical or derived from analytical	--	02/2005
Folate, total ¹	μg	1	2	--	1	1	--	--	--	1	Analytical or derived from analytical	--	02/2005
Folic acid	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	μg	1	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2005
Folate, DFE	μg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Choline, total	mg	5.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2006
Vitamin B-12 ¹	μg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2005
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2005
Retinol	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Carotene, alpha	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Cryptoxanthin, beta	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Lycopene	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Lutein + zeaxanthin	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	μg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin K (phylloquinone) ³	µg	0.0	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	11/2002
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	09/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Other

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Alcohol, ethyl ²	g	10.4	2526	0.158	10.2	10.6	1.0	8.387	12.4	1	Analytical or derived from analytical	--	03/2005
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 7b, 2002 Beltsville MD

²Alcohol and Tobacco Tax and Trade Bureau Wine and malt beverage data from TTB, 2004 Beltsville MD

³C. Bolton-Smith, R.J.G. Price, Steven T. Fenton, Dominic J. Harrington, M.J. Shearer Compilation of a provisional UK database for the phylloquinone (vitamin K) content of foods, 2000 British Journal of Nutrition 83 pp.389-399